

Controlled Medication Policy

Policies Regarding Controlled Medications:

1. Many but not all controlled medication prescriptions are available e-prescription or pick up at the office. Our staff will notify you if pick up is required.
2. Some controlled medication prescriptions can only be provided for one month at a time, and no refills are allowed, per DEA rules. Therefore a new prescription will need to be e-prescribed or picked up at the office each month. In general, 90 days supply of medications through online services will not be prescribed.
3. Prescriptions can only be picked up by the patient whose name is on the medicine, UNLESS we have permission for a specific named person who has been authorized by the patient to pick up the prescription on his/her behalf. Minor children are NOT able to pick up prescriptions for parents.
4. Patients should submit requests for refills with a minimum of 5 days BEFORE the medication is going to run out to give their provider a sufficient amount of time to respond to the request.
5. The patient will be required to have an appointment in the office on average every 3-6 months to recheck the problem that is leading to the use of controlled medications, depending on how well the problem is managed.
6. If there is any suspicious behavior including frequent, early refill requests or multiple "lost" prescriptions we have the right to terminate this agreement and refuse further prescription requests.
7. We will run a report on the ADPH Controlled Medication Report System at each visit.

When patients receive treatment with a controlled medication the following expectations are assumed:

1. Patients will take the medication only as prescribed and will not change the amount or frequency without authorization from the prescribing physician.
2. We will not provide early refills or replacement of lost or stolen medication.
3. Patient may be required to submit random urine or blood tests to assess compliance to treatment.
4. Patient-Physician relationship is terminated if regularly scheduled appointments are not kept or the prescribed treatment plan is not followed.

What are Controlled Medications? Narcotics/Opiates for Pain

- Oxycontin / Percocet (Oxycodone)
- MS Contin / Kadian (Morphine)
- Norco / Vicodin (Hydrocodone)
- Tylenol # 3 (Codeine)
- Tramadol (Ultram)
- Many others including Opana / Nucynta / Fentanyl

Narcotic Cough Medicines

- Tussionex (Hydrocodone)
- Phenergan with Codeine

Benzodiazepines for Anxiety and/or Insomnia

- Ativan
- Valium
- Xanax
- Klonopin
- Many generic anxiety / insomnia medications end in “pam” such as Lorazepam

ADHD Medications

- Adderall
- Ritalin
- Vyvanse

Please note that this list is not all inclusive. Please see [the Drug Enforcement Agency's list of Controlled Medications](#) for a complete list.